

****Pre-orders must be received by 5 pm on the day prior to your requested pick-up day.****

EMAIL bsbpreorder@gmail.com or CALL 778-439-2350 to place your order. Please include your full name and phone number.

A pick-up date and time will be provided when the order is confirmed, and will be subject to the availability of requested items and the timing of your order. To make the ordering process easier, please include the requested details listed in the SPECIFY column.

AAA BC BEEF GRILLING STEAKS	SPECIFY
Ribeye - Boneless	Quantity (#) of Item
Striploin	Quantity (#) of Item
Tenderloin	Quantity (#) of Item
Flat Iron	Quantity (#) of Item
Denver (chuck steak, tender enough for grilling, great marbling)	Quantity (#) of Item
Delmonico (super thick cut chuck steak)	Quantity (#) of Item
Top Sirloin Baseball Cut	Quantity (#) of Item
Top Sirloin Medallion	Quantity (#) of Item
Top Sirloin Cap	Quantity (#) of Item
Bavette (well marbled, coarse grained steak similar to skirt steak but thicker – big, beefy flavour. Slice across the grain.)	Quantity (#) of Item
Tri-Tip (great for smoking/cooking low and slow but served medium rare)	Quantity (#) of Item

AAA BC BEEF ROASTS	SPECIFY
Prime Rib	Weight OR number of ribs OR # of people you are feeding
Tenderloin Roast	Weight
Top Sirloin Roast	Weight
Inside Round Roast	Weight
Chuck Roast	Weight + Oven/Dry Roast or Pot Roast

AAA BC BEEF - BRAISING CUTS	SPECIFY
Brisket	Weight OR # of people you are feeding
Boneless short ribs (<i>we only offer bone-in on occasion, follow us on</i>)	# of pieces OR Weight OR # of people you are feeding
Stewing beef	Weight

GRINDS - LIMIT OF 2 KG EACH	SPECIFY
Lean Ground Beef - Fresh	Quantity (#) of 500g packages
Ground Sirloin - Frozen	Quantity (#) of 500g packages
Ground Chuck - Frozen	Quantity (#) of 500g packages
Ground Turkey - Frozen	Quantity (#) of 500g packages
Ground Chicken - Frozen	Quantity (#) of 500g packages
Ground Pork - Frozen	Quantity (#) of 500g packages
Ground Lamb - Frozen	Quantity (#) of 500g packages
Ground Bison - Frozen	Quantity (#) of 500g packages
Ground Veal - Frozen	Quantity (#) of 500g packages

BONES	SPECIFY
Beef Bones - Frozen Package (~ 3-4 lbs each)	Quantity (#) of packages
Chicken Bones - Frozen Package (~ 3-4 lbs each)	Quantity (#) of packages
Pork Bones - Frozen Package (~ 3-4 lbs each)	Quantity (#) of packages

LAMB	SPECIFY
Lamb Loin Chops - Bone-in	Quantity (#) of Item
Rack of Lamb - Frenched	Number of ribs
Rack of Lamb - Non-Frenched	Number of ribs
Lamb Sirloin	Quantity (#) of Item
Lamb Shanks	Quantity (#) of Item
Lamb Leg Roast - Bone-in	Weight OR # of people you are feeding
Lamb Leg Roast - Boneless	Weight OR # of people you are feeding
Lamb Shoulder Roast - Bone-in	Weight OR # of people you are feeding
Lamb Shoulder Roast - Boneless	Weight OR # of people you are feeding
Lamb Shoulder Chops	Quantity (#) of Item

PORK	SPECIFY
Double Loin Pork Chops	Quantity (#) of Item
Pork Rib Chops	Quantity (#) of Item
Pork Tenderloin	Quantity (#) of Item
Pork Sirloin Chops - Boneless	Quantity (#) of Item
Pork Ribs	Preference for St Louis Style/side ribs or baby back ribs

PORK ROASTS	SPECIFY
Pork Rib Roast	Bone-in, Skin on/off, Weight OR number of ribs OR # of people you are feeding
Pork Shoulder Roast - Bone-in	Weight, skin on/off
Pork Shoulder Roast - Boneless	Weight, skin on/off
Pork Belly	Weight, skin on/off
Pork Leg Roast - Boneless	Weight

GOAT	SPECIFY
Bone-in Stew Meat - Frozen 1 kg pack	Quantity (#) of packs

ORGANIC POULTRY	SPECIFY
Whole Chicken (ranging from 2-4 kg or 4-9 lb) - Frozen	Quantity (#) of Item

FREE-RANGE POULTRY	SPECIFY
Whole Chicken (~3.5-4 lbs)	Quantity (#) of Item - MAX 2/ORDER
Chicken Breast - Bone-in/skin on	Quantity (#) of Item or approx. weight
Chicken Breast - Boneless/skin on	Quantity (#) of Item or approx. weight
Chicken Breast - Boneless/skinless	Quantity (#) of Item or approx. weight
Chicken Leg	Quantity (#) of Item or approx. weight
Chicken Thigh - Bone-in/skin on	Quantity (#) of Item or approx. weight
Chicken Thigh - Boneless/skinless	Quantity (#) of Item or approx. weight
Chicken Wings - Frozen 500g packs	Quantity (#) of 500g packs
Whole Duck (~4-5 lbs) - Frozen	Quantity (#) of Item
Duck Breast - Frozen packs of 2	Quantity (#) of packs
Duck Leg - Frozen packs of 2	Quantity (#) of packs

SMOKED PRODUCTS	SPECIFY
Bacon - 500g pack	Quantity (#) of 500g packs

Ham – Smoked, Bone-in (~10 kg or ~22 lb)	Whole, half or one-third
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SAUSAGES**SPECIFY**

House-made Sausages (we offer a varied selection of flavours; check our social media or contact us at the shop for our current flavours)

Quantity (#) of item or approx. weight

GRILL-READY PRODUCTS**SPECIFY**

These products are already cooked sous-vide, all you need to do is throw them on the grill or under the broiler to heat thru then serve.

Grill-ready Pork Ribs - seasoned w/ juniper, salt & pepper

Quantity (#) of racks

Grill-ready Lamb Shoulder Chops - seasoned w/ lemon & rosemary

Quantity (#) of item

Prime-Rib Pops

Quantity (#) of Item

Duck Confit - Packs of 2

Quantity (#) of packs

HEAT & SERVE PRODUCTS**SPECIFY**

These products are already cooked sous-vide and ready for consumption once heated through.

Shredded Chicken - 500g pack (Frozen)

Quantity (#) of packs

Chipotle Shredded Chicken - 500g pack (Frozen)

Quantity (#) of packs

Pork Vindaloo - 500g pack (Frozen)

Quantity (#) of packs

Pork Chile Verde - 500g pack (Frozen)

Quantity (#) of packs

Hungarian Beef Goulash - 500g pack (Frozen)

Quantity (#) of packs

MARINATED & SPECIALTY PRODUCTS - flavours and types subject to availability

Our selection of marinated and specialty products changes often. For our current selection please consult our social media accounts or contact us at the shop, or better yet, come visit us and shop in person!